

About the Authors



Ranee Alison Spina is a speaker and author of the two-time Award-Winning *I AM before "I DO"* - *Unsolicited Advice on LOVE*.

She strives to be a catalyst for her audiences with humorous, uncompromising honesty about sexuality and relationship issues.

Ranee's passionate, interactive campus lecture *Understanding SEX & LOVE* is life-changing and truly entertaining. At heart, when she steps on stage, Ranee is still that rockstar who performed on the Sunset Strip in Los Angeles years ago.

She now resides by the beach in Orange County, California.

Follow Ranee for Wellness and Sexual Health Tips.

Twitter: @rockin_sex_ed

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Dr. Kimberly Chestnut is presently a Human Sexuality and Health Education Professor at a university in Philadelphia, where she also is the Director of Student Wellness.

Due to the success of her campus and community wellness programs, she is often asked to present at industry trainings and conferences.

Kimberly warmly welcomes students into her office who have endless questions about sexual health, and her ultimate goal is to share the beautiful complexity of sexuality around the world.

Kimberly currently resides in Pennsylvania and loves participating in triathlons, supporting wildlife preservation, and sharing time with her husband, Jason, and their yellow lab, Jackson.